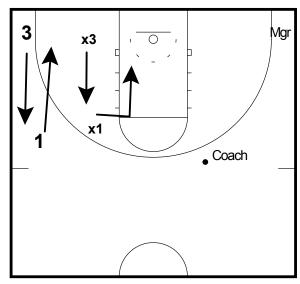
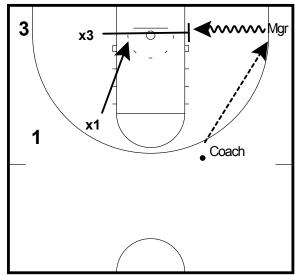
Gator Help / Weakside Exchange DRILL



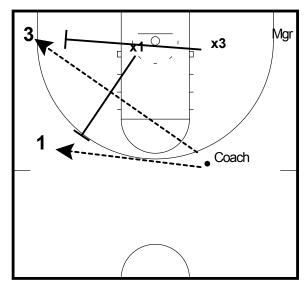
Coach yells "exchange" ... 1 & 3 move x1 leaves space & x3 shoot the gap Repeat the call a few times

Gator Help / Weakside Exchange DRILL



Coach will pass to Manager who will attack baseline x3 must meet him, x1 drops Manager passes back to Coach, who has choice - swing/skip x1 & x3 can play straight or "X" out

Gator Help / Weakside Exchange DRILL



Play live 2 on 2 MUST force tough 2's ... NO open 3's or layups